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OSUCCC – James Receives Top Rating 'Exceptional'

Buckeye Fan Sees Her
Inspiration Come to Life at
Spielman Center

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FUND FOR BREAST CANCER RESEARCH



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It starts with
YOU!

The act of giving back is one of the most simple but most transformative actions a person can take in the fight against breast cancer.

It demonstrates the belief that the newest treatments are on the horizon. It exemplifies the need for a cure.

**And it gives us all
the power to do something
and change lives.**

Continue to fight
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Making a difference.



Do you know the positive impact you are making? Do you realize that every dollar you donate to the Stefanie Spielman Fund for Breast Cancer Research supports research and patient care at The Ohio State University Comprehensive Cancer Center – Arthur G. James Cancer Hospital and Richard J. Solove Research Institute (OSUCCC – James)?

These may seem like simple questions, but we often overlook the impact of purchasing a paper ribbon at Kroger, buying a pink ribbon bagel from Panera or simply sending a donation. Well, I want you to know that those contributions are directly impacting patient lives!

Stef left us all with a mission to keep fighting and raising dollars to help find a cure. You joined me in that mission, and I am forever grateful. So it gives me great pride to share that the fund has now reached the \$20 million-plus milestone. I celebrate this remarkable achievement with all of you, and I want to assure you that those dollars are being used to make advances in research and care.

YOUR DOLLARS IN ACTION:

- Raquel Reinbolt, MD, medical oncologist at the OSUCCC – James, is investigating the mechanism of anti-estrogen therapy induced joint inflammation and pain. Anti-estrogen therapy is one of the most effective therapies for the most common type of breast cancer, but many patients stop taking this pill prematurely due to joint pain. Understanding the reason for developing this pain will help to prevent this side effect and improve compliance to this therapy. This will directly result in saving more lives and improving quality of life for patients treated for breast cancer. Read more about Dr. Reinbolt’s work on page 8.
- Robert Wesolowski, MD, OSUCCC – James medical oncologist, is trying to understand how we can reinvigorate our immune system to fight the cancer cells in our body. Our immune system is a complex network which protects us from infections and cancer. But sometimes our immune cells react in a way that can “protect” the cancer cells instead of fighting them. Dr. Wesolowski is investigating if inhibiting a protein called BRD4 could result in reducing the ability of our immune cells to protect the cancer cells and improve outcomes of patients suffering with this type of breast cancer.
- Bhuvana Ramaswamy, MD, OSUCCC – James medical oncologist, is working on breast cancer efforts. In particular, she is looking at how breastfeeding decreases the risk of developing the most aggressive type of breast cancer, called triple negative breast cancer. This work will help us to better understand how to prevent this aggressive cancer that frequently occurs in young women, particularly young African-American women.

These are just a few examples of how your gifts are making a difference. Over the years, I've heard OSUCCC Director and James CEO Michael A. Caligiuri, MD, say that federal funding remains flat or is decreasing. Private philanthropy is more important than ever. We can't let bold thinking and new ideas go unfunded, so your support is crucial to helping researchers and doctors at the OSUCCC – James take the first steps toward making their ideas a reality.

Thank you for making a positive impact and for your continued support.

Continue to Fight.

Chris Spielman,

Co-Founder, Stefanie Spielman Fund for Breast Cancer Research

OSUCCC – James Receives Top Rating ‘Exceptional’ From National Cancer Institute (NCI); Re-Designated as Comprehensive Cancer Center

The Ohio State University Comprehensive Cancer Center – Arthur G. James Cancer Hospital and Richard J. Solove Research Institute (OSUCCC – James) received a perfect score of 10 and the highest possible rating (“exceptional”) from the NCI following a May 2015 site visit that resulted in our five-year NCI redesignation as a comprehensive cancer center (CCC) and an estimated \$25 million NCI Cancer Center Support Grant (CCSG).

NCI designation as a CCC is the most prestigious recognition a cancer program can receive, as it provides an expert outside validation of an institution’s quality cancer research. Cancer centers are ranked on both a qualitative scale and a numeric scale from 10 to 100, with lower scores being better. The OSUCCC – James is one of only 45 CCCs in the nation — a designation we have competitively maintained since 1976 — and the only CCC in central Ohio. The institution has more than \$85.9 million in total cancer research funding.

WHY NCI DESIGNATION MATTERS

The landscape for conducting cancer research and delivering cancer care has changed radically in the past 10 years. Rather than evaluating cancer by its stage and anatomic location, we focus more on the unique biologic makeup of each individual malignancy. The OSUCCC – James is proud to be at the forefront of this paradigm shift, which has occurred because of innovative research conducted here and elsewhere.



Our goal is to translate our research into more precise and less toxic treatments that lead to more durable patient responses. To do this, we must provide evidence that the treatments will have the right impact. Such evidence can be developed only through research that is

bolstered by NCI designation and the accompanying grant support for scientific leadership and administration, shared technology and services, and development.

ATTRACTING AND RETAINING INNOVATIVE SCIENTIFIC MINDS

Our NCI designation and research support attract some of the brightest minds in oncology to Ohio State. In the past 10 years, we have recruited dozens of cancer researchers, including such nationally recognized faculty as:

- David Carbone, MD, PhD (lung cancer)
- Maura Gillison, MD, PhD (head and neck/HPV)
- Richard Goldberg, MD (colorectal cancer)
- Paul Goodfellow, PhD (human genetics)
- Raphael Pollock, MD, PhD (sarcoma)
- Peter Shields, MD (lung cancer/tobacco research)
- Roman Skoracki, MD (plastic surgery)
- Julia White, MD (breast radiation oncology)

Many of our recruits bring nationally recognized research programs that can be leveraged and expanded with the talent and resources already here. These faculty members then serve as professional mentors for next generation junior investigators who come to Ohio State.



NATIONAL THOUGHT LEADER IN ADVANCING CANCER RESEARCH

Since our last competitive NCI grant renewal in 2010, the OSUCCC – James has launched several initiatives that have propelled the shifting landscape of cancer research and care, including:

- Oncology Research Information Exchange Network (ORIEN)
- Drug Development Institute
- Precision Cancer Medicine Program
- Center of Excellence in Regulatory Tobacco Science (CERTS)
- Ohio Colorectal Cancer Prevention Initiative (OCCPI)

CHANGING THE LANDSCAPE OF CANCER CARE

We continue to gain prominence as a hub of oncology research innovation. Our faculty have conducted and published research that has resulted in changes to the clinical practice of oncology. The following are illustrative of the caliber of research knowledge that exists here:

- **Mandating Patient Navigation Services:** Electra Paskett, PhD, MSPH, and her team performed a multi-institutional study that led the American College of Surgeons Commission on Cancer to mandate that accredited institutions implement patient navigation in 2015. This change was made to ensure continuity of care and reduce health disparities.

Understanding HPV’s Role in Oral Cancer Treatment

Outcomes: Maura Gillison, MD, PhD, and her team discovered that HPV-associated oral cancers have a better long-term prognosis than other forms of oral cancer, resulting in a shift of clinical management for patients with HPV-positive oral cancer.

- **Breakthrough Leukemia Treatment:** John Byrd, MD, and his team were the first to characterize the drug ibrutinib’s activity in malignant B cells and demonstrate its preclinical and clinical efficacy in chronic lymphocytic leukemia (CLL), as well as the molecular mechanisms that result in drug resistance. These discoveries radically changed the clinical management of patients with CLL, shifting what was considered an “incurable” disease into a chronic condition.



Buckeye Fan Sees Her Inspiration Come to Life at Spielman Center



Anne Hermiller approached her book club in the summer of 2012 with *That's Why I'm Here*, Chris Spielman's new release detailing his relationship with his wife Stefanie and her battle against cancer. Little did Anne know how significant this book would become to her in the next few years.

Anne is an extremely active, nonsmoking mother of three who eats a low-fat diet, avoids red meat and doesn't have a

family history of cancer. One evening in July 2014, after she had completed a TRX (suspension training) class, she felt a tennis ball-sized lump in her stomach. Anne assumed it was a hernia but made an appointment with her doctor just to be safe. Upon finding a large cancerous mass during a pelvic examination the following day, her doctor informed her that this was going to be more serious.

The next evening, Anne returned to the hospital for a CT scan. Less than two hours later, she was sitting at home when her doctor called to tell her how large the mass had grown and that she would need extensive surgery. He referred her to colleagues at the University of Toledo, but she preferred to go to The Ohio State University Comprehensive Cancer Center – Arthur G. James Cancer Hospital and Richard J. Solove Research Institute (OSUCCC – James). She knew that if she went to the OSUCCC – James, she would receive care from “someone who specializes only in ovarian cancer.”

Anne was referred to David Cohn, MD, professor and director of the Division of Gynecologic Oncology at Ohio State and a member of the Translational Therapeutics Program at the OSUCCC – James. When she came to the Stefanie Spielman Comprehensive Breast Center to meet with him, she couldn't believe that now she'd be treated in a facility named after the inspirational woman she had chosen to read about two years ago.

Stefanie Spielman was the wife of Ohio State and NFL football player Chris Spielman. At age 30, Stefanie was diagnosed with breast cancer. During her cancer journey, she and Chris started the Stefanie Spielman Fund for Breast Cancer Research, which has raised more than \$20 million to date. In November 2009, after

a decade-long fight, Stefanie lost her battle with breast cancer but continues to be an inspiration to many, including Anne.

After examination, Dr. Cohn determined Anne would need surgery. He scheduled the procedure for the following week. With the support of her husband Jerry, her children and her faith, Anne entered the surgery.

The cancer was stage 3C. Dr. Cohn removed three large tumors and performed a complete hysterectomy. Over the next four months, Anne would receive chemotherapy to reduce the chances of the cancer returning.

In November 2014, she returned to the Stefanie Spielman Comprehensive Breast Center for her third series of chemo and was in her room when a hospital volunteer stopped to ask if she needed anything. Anne and the volunteer began talking about their love for the Buckeyes. Anne showed off her Ohio State blanket, reading glasses and phone case. They shared stories about game days and their families. Anne was struggling to stay alert due to the medication, but she enjoyed the conversation too much to go to sleep. The volunteer said that her sister had been diagnosed with breast cancer. When Anne asked more about her sister, the volunteer shared that her sister was the late Stefanie Spielman.

Anne was in shock. “You're Sue!” she exclaimed. “I already know you from Chris' book!”

After they parted, Anne continued with her treatment and made it her mission not to miss out on work or church. She wanted her life to go back to normal. On exceptionally difficult days, she attempted to emulate Stefanie's strength and remembered the kindness that Sue had shown her. The following February, Anne had her final surgery.

In response to the great care she received, Anne became active in supporting the Stefanie Spielman Comprehensive Breast Center by participating in the Step Up for Stefanie's Champions 4-mile run.

Today, Anne thinks very fondly of the care she received at the OSUCCC – James and the Spielman Center, and she is grateful for the continuous inspiration she gained from the Spielman family to continue fighting.

“Get Tough, Be Strong and Go”: James Ambassador and Survivor Nancy Rapport



This past May 15 was a celebration for Nancy Rapport, as she watched her daughter Emily graduate Phi Beta Kappa from Davidson College.

It was a much different May 15 than the one she experienced in 2000 — the day she received her breast cancer diagnosis, terrified of leaving behind her two young children. “Emily's graduation is the reframing of May 15 for me,” says Rapport, whose tendency to find the positive makes her an excellent school counselor, certified professional coach and volunteer/ advocate for The Ohio State University Comprehensive Cancer Center – Arthur G. James Cancer Hospital and Richard J. Solove Research Institute (OSUCCC – James).

And while others often look to her for advice and strength, Rapport found the encouragement she needed through a cancer support group also attended by Stefanie Spielman. It was the first time Rapport and Spielman, both Canton natives born only one week apart, had met, but their shared experience brought them close together.

Her friendship with Spielman inspired Rapport to become involved with the OSUCCC – James, first as a committee member of Stefanie's Champions, then as a volunteer at the Stefanie Spielman Comprehensive Breast Center, and now as a member of the James Ambassadors Society. She also rides in Pelotonia as a member of the Stefanie's Team of Hope peloton.

Almost defiantly, Rapport does not spend as much time training for the ride as she acknowledges she should. “The way I justify it is that you don't get a chance to train when you get hit with a cancer diagnosis. You don't get a chance to prepare and get yourself ready—you just have to get tough, be strong and go.”

When the route is difficult, she reviews a notecard with the



Shannon Peterson (left, Stefanie's Team of Hope Captain) and Nancy Rapport (right) at a James Ambassadors Society event.

names of everyone who contributed to her journey. “I think about each person who made my ride successful, and I think about the people who aren't able to ride or aren't with us any longer.”

She rides for Spielman and the other friends she has lost along the way, but also for her father, who died of non-Hodgkin's lymphoma in 1991. “I marvel because he had cancer before people talked about cancer. He totally minimized it. If he'd had his diagnosis ten years later, then I think his story would have ended so differently.”

It is that optimism for the future that buoys her support for the OSUCCC – James. “I want The James to continue to thrive and make breakthroughs that create better options for people with cancer. I had better options than my dad did, and I want my children to have better options than I did.”



Stefanie Spielman (left) and Nancy Rapport (right)

The Best and the Brightest

OSUCCC – James Recruits New Talent in the Fight Against Breast Cancer

The Ohio State University Comprehensive Cancer Center – Arthur G. James Cancer Hospital and Richard J. Solove Research Institute (OSUCCC – James) continues to recruit some of the nation’s best and brightest physicians focused on breast cancer. We are pleased to welcome three new talented, passionate oncologists to the team. Whether serving patients in the clinic or conducting cutting-edge research in the laboratory, they will play a critical role in OSUCCC – James’ quest to create a cancer-free world.



“I’m feisty, and don’t like when bad things happen to good people. I try to channel that to do some good.”

Indeed, Dr. Reinbolt is already making a positive difference for patients with breast cancer, fostering a growing practice and working on a number of collaborative research projects primarily focused on survivorship and quality of life for young adults and those with metastatic breast cancer. She relishes the strong relationships she forms with patients.

Dr. Reinbolt is not new to Buckeye country. After receiving her undergraduate degree from the University of Notre Dame and a medical degree from Loyola University Chicago Stritch School of Medicine, she completed her internal medicine residency as well as fellowships in hematology-oncology and breast medical oncology at The Ohio State University. In addition to medicine, she also loves reading and art. She is expecting her first child with husband Charles Redman, MD, an internal medicine-pediatrics physician at Ohio State Wexner Medical Center and Nationwide Children’s Hospital.

“I’m feisty, and don’t like when bad things happen to good people.”

Raquel Reinbolt, MD

Since she can remember, Raquel Reinbolt wanted to be an oncologist focused on breast cancer. Her grandmother passed away from the disease, making it personal — but it’s also the close relationships Dr. Reinbolt has with her mother and friends that strengthen her resolve against the disease. “It’s a cancer with the greatest risk factors being a woman and getting older.



“When I interviewed with Ohio State, I felt like I was coming into a family. That was the biggest decision point.”

Sagar Sardesai, MBBS, MPH

“I saw a lot of cancer growing up,” says Sagar Sardesai. With the BRCA2 gene running in his family, he watched his mother, aunt and grandmothers fight breast and ovarian cancers. Now as a faculty member at The Ohio State University, he will focus on BRCA-related tumors and triple negative breast cancers, looking at predictive biomarkers that can help to make informed treatment plans for patients.

Dr. Sardesai comes to Ohio State from Indiana University Medical Center, where he completed his hematology-oncology fellowship. He received his medical degree from Topiwala National Medical College and Bai Yamunabai Laxman Nair Charitable Hospital in Mumbai, India, before completing an internal medicine residency at Buffalo–SUNY and a Master of Public Health degree at the University of Texas Health Science Center.

He is eager to continue his career as a Buckeye. “When I interviewed with Ohio State, I felt like I was coming into a family. That was the biggest decision point.” When he’s not busy caring for patients, Dr. Sardesai spends time with his wife, Poorval, and their two-year-old son, Rishi.

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“The breast cancer research happening at Ohio State is cutting edge. It’s a great opportunity to make impactful changes in people’s lives.”

Nicole Williams, MD



opportunity to touch patients’ lives and be a source of compassion.”

Research, and clinical trials specifically, are areas of great interest to Dr. Williams — particularly research on treatments for brain metastases and geriatric patients with breast cancer. “I’ve always been very interested in taking care of older people and optimizing their care, while not limiting their functional status or making them sicker than they were before. The breast cancer research happening at Ohio State is cutting edge. It’s a great opportunity to make impactful changes in people’s lives.”

Dr. Williams grew up in the small Ohio town of New Philadelphia. She completed her Bachelor of Science degree at Kent State University and her medical degree at Northeast Ohio Medical University. She completed her internal medicine residency with Summa Health System, and hematology-oncology and breast medical oncology fellowships with Case Western Reserve University.



Making Sense of the Latest Mammogram Guidelines



Editorial Published in Everyday Health by Electra Paskett, PhD, cancer control researcher at the OSUCCC – James

The recommendations for when and how often women should start getting mammograms to screen for breast cancer had been relatively consistent since 2002 — until recently. Then, in a span of just 90 days in early 2016, several medical groups revised their guidelines, leaving millions of women confused.

As a cancer control researcher at The Ohio State University Comprehensive Cancer Center in Columbus, I understand the various reasons behind the updated guidelines — many of which suggest that women wait longer to start getting regular mammograms, and that they get them less often. But as a breast cancer survivor, I certainly appreciate the invaluable impact the screenings can have: My breast cancer was detected by a mammogram at age 40. My professional research and my personal experiences give me a unique perspective in this ongoing debate. Though there is a lot to consider, there are some very crucial points that all women should remember.

What's Different About the New Mammogram Guidelines

In an October 2015 issue of *The Journal of the American Medical Association*, the American Cancer Society (ACS) published new guidelines for women with an average risk for breast cancer, pushing back the age at which mammograms should start from 40 to 45. The ACS also suggested that many women ages 55 and older should consider getting mammograms only every other year, and called for an end to clinical breast exams in doctors' offices for all women.

Less than three months later, three more groups — including the U.S. Congress — weighed in with their opinions. In January 2016, the American Congress of Obstetricians and Gynecologists released a statement saying they were standing by their previous recommendations that women get a mammogram every year starting at age 40.

A day later, the U.S. Preventive Services Task Force (USPSTF), a panel of independent experts appointed by the federal government, released recommendations suggesting that women with an average risk of breast cancer could put off getting mammograms until age 50, and that most women could get them every other year. The USPSTF also suggested putting an end to teaching women to do breast self-exams. Finally, Congress chimed in, ordering insurers to ignore the new guidelines from the USPSTF — the very group the government appointed to make recommendations on preventive health screenings — and instead abide by the original guidelines released more than a decade earlier, which called for annual screenings beginning at age 40.

This disagreement among highly esteemed bodies that are supposed to provide guidance to healthcare consumers understandably left a lot of women confused.

Pros and Cons of Mammograms

Before getting into the reasoning behind all of the various guidelines, let me remind all women of two vital points: First, these are all just recommendations based on large

population data and are intended only for women who are at average risk of breast cancer. Remember that every woman is different. Instead of relying on broad-based recommendations, you should base your decisions regarding the timing and frequency of mammograms on your family history, your personal risk factors, and conversations with your doctor.

Mammograms have proven to be extremely useful in detecting breast cancer, often in the early stages, giving women and their doctors more time and options for treatment. So why would anyone suggest doing fewer of them? The truth is that mammograms aren't perfect, and they can lead to unnecessary treatments and unintended consequences. The National Cancer Institute estimates that half of all women who get annual mammograms over a 10-year period will experience a false positive — meaning they will be called back for additional imaging or a biopsy for what ends up being a noncancerous lesion. About one out of every six of those women will undergo biopsies, but only 5 percent of women recalled for further testing are found to have cancer.

In other cases, breast cancers that are asymptomatic and pose no threat to a woman's life are detected and treated. These cases are commonly overtreated, subjecting women to the pain, cost, and lasting effects of surgery, radiation, hormone therapy, or chemotherapy. In some cases, treatments can cause women to develop lymphedema (irreversible swelling in the arms and legs), heart problems, or other types of cancer due to exposure to radiation — all because tumors were treated aggressively and unnecessarily.

As for the idea of getting mammograms every other year, it's important to remember that, for the most part, breast cancers are slow growing. Even if a woman develops a tumor in the 24 months between mammograms, there is often still time to treat it effectively.

How to Make Your Own Mammogram Decision

The guidelines also suggest doing away with clinical breast exams and recommend that we stop teaching women how to do breast self-exams. That may seem extreme, but the truth is there is no proof that exams of any kind have ever consistently prevented deaths. That's not to say that you shouldn't be aware of your body, of course. If you notice any changes in your breasts, such as dimpling, redness, soreness, puckering, or changes in size, by all means see your doctor.

The bottom line is that every woman is unique. Before ever scheduling your first mammogram, you should get to know your family history and understand your risks. I wasn't surprised to learn I had breast cancer, but it was a surprise to hear it at age 40, after a routine mammogram. My mother was a breast cancer survivor, and so was my grandmother. In that regard, I was not an "average" woman for whom these guidelines are written. I knew my risks, took my health into my own hands, and worked closely with my doctor every step of the way. And regardless of your take on the latest changes to the mammogram guidelines, you should do the same.

To schedule your James mammogram, call 800-240-4477 or make an appointment online via your OSUMyChart account at osumychart.osumc.edu.

2016 Step Up for Stefanie's Champions Walk/Run

On April 23, 2016, hundreds gathered at the Stefanie Spielman Comprehensive Breast Center in Columbus for the inaugural Step Up for Stefanie's Champions Walk/Run. The event offered 4-mile run and 1-mile walk options, a post-race celebration and appearances by Chris Spielman, Michael A. Caligiuri, MD, and other Spielman Fund supporters.

Step Up for Stefanie's Champions benefits the Stefanie Spielman Fund for Breast Cancer Research at The Ohio State University Comprehensive Cancer Center – Arthur G. James Cancer Hospital and Richard J. Solove Research Institute and honors Champions in the lives of cancer survivors.

Stefanie Spielman established the Champion Award to recognize one of the most critical factors in surviving cancer: loving, unwavering support. In Stefanie's case, such support during her battle with breast cancer came from her husband, Chris. To show her gratitude, Stefanie gave Chris the very first Champion Award in 2000.

Meet Our 2016 Champions!

CHAMPION TORI CROOKS

Nominated by her father, Kerry Crooks

When Kerry's cancer treatment relocated him and his family from Philadelphia to San Antonio, Tori remained resilient in the face of change. A high school student at the time, Tori balanced her studies, junior ROTC, orchestra and the stress of applying for college — all while being in a new city, assisting with her father's care and managing many of the household responsibilities. Six years later, Kerry is cancer-free, Tori is excelling in her college studies, and her passion for helping others remains strong.

CHAMPION NATHAN HUNT

Nominated by his wife, Ashlee Hunt

One month after her engagement to Nathan and the day after her 24th birthday, Ashlee received her breast cancer diagnosis. In an instant, their lives went from planning a wedding to battling cancer. Wanting to fight cancer as husband and wife, the two were married at the courthouse a few months later, and Nathan became the ultimate support system for his new bride.

When they were ready to expand their family, Ashlee, now 28, found another lump on her breast and faced another difficult journey. To keep Ashlee's spirits up, Nathan supported her

physically, emotionally and spiritually. He started pre-chemo dance parties for just the two of them every week during her treatment. "Nathan would do anything to put a smile on my face, so we turned up the music and danced," Ashlee says.

CHAMPION BRETT JUMP

Nominated by her friend, Heather Appel

"Divine intervention" connected Heather to her champion, Brett. When Heather was diagnosed with breast cancer, her colleague introduced her to Brett, who also is a cancer survivor. When they first spoke on the phone, Heather described the experience as "talking to an old friend." Brett has since started a support group for Heather and other breast cancer survivors called "Pink Degrees of Separation"— primarily an online group that meets and converses via Facebook. Brett also has hosted many events in her home for strangers-turned-friends like Heather.

CHAMPION MATTHEW SCHAEG

Nominated by his sister, Brandi Hann

When his sister Brandi and their mother and father were simultaneously battling cancer, Matthew quickly became the support system for his entire family. Traveling from his home in Ashland, Ohio (one hour north of Columbus), Matthew became the sole caregiver for his family, balancing the chores from grocery shopping and cleaning to administering medications to providing transportation for medical appointments.

You can nominate your Champion today at SpielmanFund.com.



step up for
Stefanie's CHAMPIONS

4-mile or 1-mile run/walk

THANK YOU!

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*Together as a team,
we care for Central Ohio!*

BARTHA
SAFELITE AUTOGLASS
ABIGAIL AND LESLIE WEXNER

HOLOWICKI ENTERPRISES/MCDONALD'S
BEECHERHILL

THE MOTORISTS INSURANCE GROUP
ORTHOPEDIC ONE/WILLIAM FITZ

PRO FOOTBALL HALL OF FAME
JUDY AND STEVE TUCKERMAN
WASSERSTROM

SAVE THE DATE

Step Up for Stefanie's Champions
Walk/Run

Saturday, April 22, 2017

SpielmanFund.com



Thank You

COMMUNITY PARTNERS

PINK OUT AT OHIO STATE

Pink Out at Ohio State is an Ohio State organization that was created by students with the mission to raise awareness and funds for breast cancer research. Pink Out at Ohio State is involved in many events, including the annual Pink Out game at Ohio Stadium, where the group sells pink T-shirts to wear during the annual Pink Out football game. One hundred percent of shirt sales benefit the Stefanie Spielman Fund for Breast Cancer Research. Proceeds are raised throughout the year through T-shirt sales, restaurant specials and special student nights at other venues. In the past two years, Pink Out at Ohio State has raised nearly \$37,000 for the Spielman Fund! For more information, please visit pinkoutosu.com.



WATKINS MEMORIAL HIGH SCHOOL SHOOT FOR THE CURE

The Watkins Memorial High School Girl's Basketball team hosted its annual "Shoot for the Cure" game in January 2016 and raised nearly \$4,500. The team has been holding the annual event since 2014 to bring the student organization together and raise awareness and funds for the Spielman Fund. Proceeds are raised through admission, auction items, baked goods, a raffle, pledge cards and T-shirt sales. A special program is held during the game to honor breast cancer survivors. In the past two years, Shoot for the Cure has raised more than \$13,000 for the Spielman Fund.



BOWL FOR A CURE

In September 2010, Paula Weatherman was diagnosed with breast cancer and treated at the OSUCCC – James. The following year, she and her husband, Chris, decided they wanted to do something they loved while giving to the Spielman Fund. Chris had worked in the bowling business for 20+ years, and they had bowled together in a couples' league for quite some time, so they decided to plan a bowling event to raise awareness and funds for breast cancer research. The first year, their goal was to get 20-30 teams together. They were overwhelmed when 55 teams signed up. Through the years, "Bowl for a Cure" has continued to grow and is now up to 135 teams!

Chris found there was a large interest in families wanting to do something together. In 2015, Chris and Paula added a bowling event for children called "Bowl for a Cure Kids Pro-Am" to Bowl for a Cure. Proceeds are raised through bowling fees, raffle items, bake sales and auction items. This year, Bowl for a Cure had a record-breaking year and raised \$14,478. To date, they have raised more than \$50,000 for the Stefanie Spielman Fund for Breast Cancer Research.

SUBARU "SHARE THE LOVE"

For the third consecutive year, Subaru "Share the Love" has chosen the Spielman Fund to be its local charity of choice, as designated by local Subaru auto dealership Byers Mazda Subaru of Dublin. During the Share the Love event, held at the end of each year, Subaru donates \$250 for every new Subaru vehicle sold or leased. Customers who purchase or lease a vehicle during that period select one of several charities to receive the donation. The Share the Love promotion donated more than \$56,000 in 2016 to the Spielman Fund and was recognized at the inaugural Step Up for Stefanie's Champions walk/run in April.



KJ TOOLS, INC.

In 2006, KJ Tools Inc. formed Little Pink Tools with its first product, the Little Pink Tool Kit, featuring a stylish patented pink tool case designed to look more like a ladies purse than a tool bag. After the success of the Little Pink Tool Kit, they introduced the Little Pink Drill. In 2010, KJ Tools moved the business from Hilton Head to Columbus and began donating 10 percent from the sale of every Little Pink item to the Spielman Fund. To date, KJ Tools, Inc. has donated more than \$50,000 – more than \$11,000 already this year. For more information and to purchase a tool kit, visit littlepinktools.com/full-tool-kits.

Thank You Supporters!

More than \$1.4 Million Raised By Our Community and Corporate Partners

During the 2015-2016 fiscal year, our Community and Corporate Partners raised more than \$1.4 million for the Spielman Funds. Through bake sales, golf outings and many creative endeavors, our partners (listed below and on the facing page) are vital to the success of the Spielman Funds and are helping further our research and patient care. For more information about how to become a partner, visit us online at SpielmanFund.com or call **614-293-3752**.

Ace Out Breast Cancer - Maria Hemminger
 Advanced Drainage Systems
 AEP 17th Floor Charity Committee
 Air Waves, Inc. Breast Cancer Shirt Sales
 American National Skyline, Inc.
 The Angel Open
 Bellefontaine Professional Firefighters IAFF Local 351 Pink Duty Shirt Sales
 Bowl for a Cure
 Bowl for a Cure - Kids Pro-Am
 Bowling Wonders League Breast Cancer Awareness
 Buck Breast Cancer
 Buckeye Bonanza
 Burpees for Boobies
 Byers Automotive
 CashMax Pink Classic Car Show
 Central Seventh-Day Adventist

Pink T-shirt Sales
 Cheryl&Co. Cookie Card
 Chix with Stix
 The Citi Women's Network - Breast Cancer Research
 Classical Attraction Dressage Society Fights Cancer - Pink Show
 Coasting for a Cure
 College Traditions, Inc.
 Columbus Brewing Company Restaurant October Special
 Congress Lake Ladies' Golf Association
 Corazon - Go Pink
 Cott Systems, Inc.
 Coulter Ventures, LLC
 Courage Conquer and Cure - Yoga at the Lake
 Courage Conquer and Cure 5K
 Crown Point Dental Care

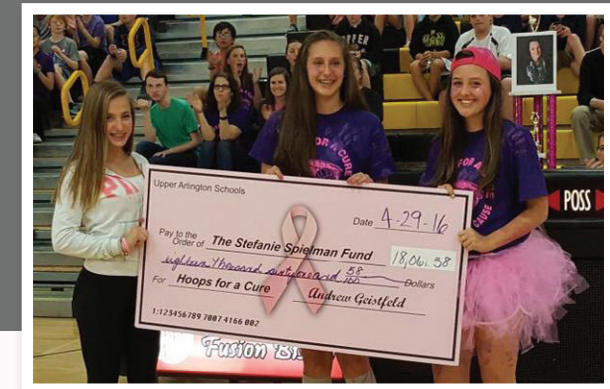
DALCAN Limited Liability Co. - Operation Dough-Nation
 Donatos Pizza
 Dr. James T. Hutta - Pink Smiles Campaign
 Driving for Cancer Research
 Empowering People Workshop, Inc. Pink Shirt Sales
 Fifth Third Bank - Let's Take a Club to Breast Cancer Golf Outing
 Fraternal Order of Eagles Delaware Ladies Auxiliary 376
 Freedom of the Press Art Exhibit
 Girl Scouts of Ohio's Heartland Council Inc. Troop 664
 Good Deed Rags, LLC
 Greenswell Triathlon for Hope
 Hamilton Township Firefighters T-shirt Sales
 Heart of Ohio Tole Chapter Decorative Painting Convention
 Iron Pony Motorsports Group, Inc.
 Jazzercise Dublin Fitness Center
 Dance for the Cure
 Jill Vanuch Dance for Spielman
 KDB Easton
 Kenneth Hair Salons & Day Spas, Inc.
 Kent Brown Backers
 KJ Tool Kits, Inc.
 The Kroger Company Pink Ribbon Sales



North Ridge Volleyball Pink Out



Chix with Stix



Hoops for a Cure

The Kroger Co. Rewards for Spielman Fund
 The Kroger Co. Sharing Courage Campaign
 Laughing in the Face of Cancer
 Licking Rural Electrification, Inc. Truck Sales Initiative
 Mad River Mountain - Pretty in Pink
 MadDog Golf Outing
 Madison County Junior Fair Sales Committee
 Melissa Fortener Fundraiser
 Memories in Pink Party 2015
 Michelob ULTRA
 OCSEA Breast Cancer Awareness Month
 Ohio Athletic Conference Softball Program
 The Ohio Eggfest
 Ohio Fair Manager's Association Sunday Collection
 Ohio Reformatory for Women Race
 Ohio State Eagles Instant Bingo
 Ohio Stingrays Fast Pitch Softball

Ohio University Mom's Walk for a Cure
 Ohio USBC Women's Bowling Association
 One More Time - Save a Bag Program
 OSU Women's and Men's Tennis Match - Buckeyes Go Pink
 OSU Women's Softball Charity Classic
 Our Lady of Peace Festival Breast Cancer Bake Sale
 P&G Softball Home Run Derby
 Panera Pink Ribbon Bagel Sales
 The Peoples Savings & Loan Company - Bank On A Cure
 Perfect Pac for LIFE
 Phi Kappa Psi T-shirt Drive
 Pink Out at Ohio State
 Prayer Flag to End Cancer
 Red Oak Pub
 Ride for the Ribbon Horse Show
 Ringler Associates Ohio Association for Justice's Annual Golf Outing
 The RMR Group Holiday Giving

Rocky Brands Boots
 Rouge Fitness International Limited Edition Pink Shirt
 Sigma Phi Gamma Sorority Cancer Basket Raffle
 Solenis, LLC
 Sonneveld Orthodontics
 South Central Power Company
 Stef's Celebrate Life Tailgate
 Steyer Seeds
 Subaru Share the Love
 Swing FORE! Cancer Charity Golf Outing
 TEC Pink T-shirt Sales
 Teespring, LLC
 Terror at Tarmac Par 3 Challenge
 Thunder United Metro FC - Thunder Gives Back
 Tiffin Firefighters Local 322 Fundraiser
 Turning Point Fitness LLC - Pilates for Pink and Plié for Pink
 USSSA Pride Ohio Starz Travel Softball Breast Cancer Tournament
 Westerville Jazzercise Breast Cancer Bash
 Worthington Dairy Queen
 Worthington Industries



Stef's Celebrate Life Tailgate

THE HONOR ROLL

The Spielman Fund is honored that elementary, middle and high schools have chosen to direct their fundraising efforts to support us. Thank you for helping us get closer to a cancer-free world!

Bellefontaine City Schools Jeans Day	Mount Gilead Exempted Village Schools
Bishop Fenwick High School Girls' Volleyball - Dig for the Cure	New Albany High School Key Club - Smashing Out Cancer
Bloom Carroll Local School District	New Philadelphia High School National Junior Honor Society
Bright Star Academy	Newark City Schools Student Council Donation
Calvert Catholic Schools	Northridge High School Volleyball - Pink Night 2015
Centerburg High School Student Council	Olentangy High School Girls' Softball - Strike Out Cancer
Centerburg High School Women's Football Clinic	Pickerington Central High School - Club Hope Donation
Central Crossing High School Girls' Soccer Pink Game	Pickerington Ridgeview Junior High School
Central Crossing High School Pink Out Football Game	Piqua City Schools - Pink Out 2014
Columbus City Preparatory School for Boys October Donations	Riverside Local Schools
Dublin Scioto High School Girls' and Boys' Soccer Team - The Ultimate Goal	St. Vincent-St. Mary High School
Granville High School Girls' Soccer - The Ultimate Goal	Tri-Rivers Joint Vocational School Pink Out
Green High School Pink Football Game	Upper Arlington High School Girls' Volleyball
Grove City High School Pink Out Campaign	Upper Arlington Middle School - Hoops for a Cure
Hastings Middle School - Hoops for a Cure	Upper Arlington Youth Football Broncos
Hilliard Bradley High School Youth Council	Watkins Memorial High School Girls' Basketball - Shoot for the Cure
Hilton Head Island High School Football Pink Out Games	West Jefferson Youth Athletic Association Go Pink Weekend
Hoffman Trails Elementary School Coin Challenge	Westerville Central High School Girls' Volleyball - Volley for the Cure
Horizon Science Academy	Westerville South High School T-shirt Fundraiser
Irving Independent School District	Worthington Kilbourne High School Student Council Winter Charity Drive
Kenton City Schools - Cheer for the Cure	
Marion Harding High School Football	
Marysville High School Girls' Soccer - Kick for the Cure	

Want your school to be part of the Spielman Sports Classic?

We have a statewide program where K-12 athletic sports teams can raise funds for breast cancer research while also raising dollars for school programs. We even help you get started by giving you some great options for fundraising. To learn more, see spielmansports.com



No One Fights Alone

written by Susan Zanner, Survivor



I am the queen of (latex-free) pink bracelets. Even on the dressiest occasions, I find it difficult to remove mine and am always trying to figure out a way to accessorize or make this circle of pink blend in. It's rather amazing to me that it did not make an appearance with my off-the-rack and off-the-shoulder Mother-of-the-Bride gown.

When Stefanie Spielman died, I began wearing the pink bracelets created in her memory. I kept two and wore two. I called them "Stefanie's" bracelets, as if they had both graced her beautiful wrists. One was clearly a sign of hope and strength for me; one was clearly "hers."

On a beautiful bike ride to Pickerington Ponds, overcome by the scenery and the warm sunshine on my face, I stopped and said a prayer. And I added, "Look, Stefanie. What a perfect day for a ride!" When the just-right country song came on the radio as I was driving home from the grocery under a red-streaked sky, I said, "Look at that. Aren't we lucky?"

I know that Stefanie Spielman is not my guardian angel. I know I am surrounded by them, but there was something about sharing the random moments of loveliness with my pink plastic bangle buddies that often helped me remember her spirit, her courage, and, most importantly, her family, her doctors and nurses, and her friends — folks who might need a random prayer from a stranger. And I didn't feel alone. I felt very present in those moments, something that does not come easily to me.

So it saddened me when one of those bracelets apparently disappeared to the bottom of a lake and, months later, after much wear and tear, the other bracelet simply snapped in two. I could not drive fast enough to Hope's Boutique at the

Stefanie Spielman Comprehensive Breast Center to replace it. Since the Stefanie Spielman bracelet was out of stock, I chose another that reads, "No One Fights Alone!"

I liked it! I had learned to fly fish with another survivor and had taken on the title of "Fruit Fairy" with still another. Whenever I saw my fellow survivors struggle, I constantly sought ways to be encouraging and supportive—sometimes being timely and getting the words right, and sometimes falling short. I tried my best to live up to the words of support and purpose that Stefanie had shared with me in person: "Don't worry. That's why I'm here."

So, I am here — and now I know more than ever that no one fights alone. God walks with me every step of the way; there is no "alone" or "lonely," even though I may need time to be alone with myself. But whatever in your life brings you joy, sadness, anxiety or fear, please know that I thank you for continuing to fight with me, just as I am here with you.



Sign up to receive the bimonthly Spielman Fund eNewsletter:
go.osu.edu/SpielmanEmailNewsletter



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Honor the person in your life who has gone over and beyond to help and support you during your cancer journey.



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