

# Stefanie Spielman

## FUND FOR BREAST CANCER RESEARCH

OSU JAMES CANCER HOSPITAL AND  
SOLOVE RESEARCH INSTITUTE

R E S E A R C H • E D U C A T I O N • H O P E

### Message from Stefanie



*Autumn greetings! Where does the time go? Summer already feels so long ago, but I'd like to share a highlight from July. I had my 10-year anniversary of being diagnosed with cancer. No celebration, no parties were needed...just the satisfaction of knowing how much has changed for the better since I was originally diagnosed. There are many new and improved treatment options now and news about cancer research finds its way in the media on a regular basis.*

*I am so thankful to have been given these past 10 years to focus on raising my children and also raising money for our breast cancer research fund. We have accomplished so much with your help and there's still so much we can do.*

*You will find this newsletter full of exciting events that continue to take place and build our fund over the \$5 million mark. Have you grabbed your Tailgating Cookbook at Kroger yet?*

*We've also listened to you and are making ourselves more available on the web. You can find us more easily at [www.spielmanfund.com](http://www.spielmanfund.com). We plan to keep it user-friendly and make it easy to track all that the Spielman Fund is doing throughout Ohio.*

*Until next time,*

*Stefanie*

## Kroger and 1460 The Fan Supports Our Team!

Tailgating is a favorite pastime of Buckeye fans. Through the camaraderie of good friends and good food, it's one way to gear up to support our teams. Support a very important team dedicated to fighting cancer by purchasing the 1460 The Fan Tailgate Cookbook, offered exclusively by Kroger.

The cookbook, featuring recipes from Jim Tressel, Archie Griffin, Thad Matta and other favorite Buckeye celebrities, benefits the Stefanie Spielman Fund for Breast Cancer Research at The Ohio State University Comprehensive Cancer Center – Arthur G. James Cancer Hospital and Richard J. Solove Research Institute.

In addition to the cookbook, Kroger is donating a portion of proceeds from a special OSU cutting board to the Spielman Fund. Throughout October, Kroger will also donate proceeds from a pink tag sale on specially marked items

and donation ribbons will be available at check-out counters benefiting the Spielman Fund.

Over the years, the Kroger team has been a strong supporter of The James and the Stefanie Spielman Fund for Breast Cancer Research, including past special promotions – such as last year's eco-bag – pink tag sales and much more. Through your generous support of Kroger's breast cancer campaigns, you are helping to further advancements in breast cancer research.

1460 The Fan has also been a wonderful support to the fund. Their commitment to advancing the fight against breast cancer is making a difference through activities such as The Spielman Scramble, the cookbook and others.



### Buckeyes FORE Cancer Research

The second annual Buckeyes FORE Cancer Research golf tournament was held Monday, Aug. 4 at The Lakes Golf & Country Club in Westerville, Ohio.

Tournament Chairman Mark Thomas, his friends and colleagues, started Buckeyes FORE Cancer Research in 2007 to raise awareness and money to fund critical cancer research by the brightest doctors and scientists to beat this dreaded disease once and for all.



In the 2008 event, 30 PGA professionals paired with amateurs for each foursome.

The event raised money through silent and live auctions, tournament fees, sponsorships and private donations. After the golfing was complete, Chris Spielman broke down the fall 2008 college football season for attendees.

Proceeds from the Pro-Am golf tournament benefited cancer research projects at The James and the Spielman Fund. For more information on this event, visit [buckeyesforecancerresearch.org](http://buckeyesforecancerresearch.org).

# Community Partners raise **\$413,345** in 2007-2008

Community Partners are vital to the success of the Spielman Fund. Your support is giving more hope to more survivors every day!

A Christmas to Cure Cancer	\$20,931
American Pie Party Inc.	\$450
Angel Open - Golf Tournament	\$17,500
Barrington Elementary - Buckeye Bonaza	\$1,887
Bash Lloyd's Car	\$1,140
Big Tattoo Wine	\$2,402
Breakin For the Cure - Board Breaking Event	\$2,010
Bricker & Eckler - Casual Day Fundraiser	\$324
Buckeye Parrot Head Club Poker Run	\$1,076
Buckeyes Fore Cancer Research Golf Tournament	\$10,000
Cedarville University - Pink T-shirt sales	\$2,505
Central Ohio Stingrays - Softball Tournament	\$2,000
Chix with Stix - Golf Tournament	\$32,201
Corozan - New Year's Eve Party	\$2,545
Crawl for a Cure	\$7,095
Crooksville High School Softball	\$475
Crop for the Cure - Scrapbook Party	\$225
Darby Creek Nursery - Festival of Trees	\$184
Dicks' Sporting Goods & Buffalo Wild Wings - Grand Opening	\$238
Dominion Middle School - Pennies for a Cure	\$219
Dragon Taekwondo	\$1,500
First Choice Haircutters	\$790
Footsteps for Hope - Westerville Central H.S.	\$700
Frederic's Hair Design - Salon Services	\$970
Fresh Almond Sales	\$2,483
GC Services - Jeans Day	\$1,179
Heartland Bank - Silent Auction	\$324
John Bingham Racing	\$600
Kelli Geisler - Wedding Favor Donation	\$500
Kroger - October Customer Coin Boxes	\$4,977
Kroger - Pink Tag Campaign	\$125,000
Kroger - Think Green, Go Pink Campaign	\$22,208

Macy's Lip Sync	\$6,060
Marcy's Clayground	\$307
Mad River Mountain - Women's Ski Event	\$621
Marilyn Clark - Bracelet Sales	\$150
MaternOhio Management Services, Inc. Quilt Sales	\$2,410
National Tire & Battery	\$200
Ohio Dominican - Think Pink Basketball Event	\$1,000
Ohio Northern - Spielman Walk/Run	\$2,331
OSU Resident Halls-Homecoming Walk	\$500
OSU College of Veterinary Medicine - Bake Sale	\$594
Paint Our Town Pink - Ashville Community Event	\$1,776
Pottery Painting Pink Ribbon Event	\$307
Power Shack Spin-A-Thon	\$702
Pretty in Pink Golf Tournament	\$8,530
Rejuvenation	\$500
Ride for the Ribbon Horse Show	\$5,242
Skate for Hope	\$22,500
Smash with Love - Tennis Tournament	\$47,000
Spielman Football Camp	\$2,500
Spielman Scramble - Golf Tournament	\$10,000
Spleen-Beat Michigan Party	\$2,000
St. Columban School - T-shirt Sales	\$500
St. John's United Church of Christ - Holiday Event	\$1,635
Strike Out Breast Cancer - Bowling League	\$1,034
Sugardaddy's Breast Cancer Awareness Sale	\$2,200
Tough Enough to Wear Pink - Horse Show	\$2,535
Tour de Grandview Cycling Classic	\$500
Treasure in Trees - Yard Sale	\$7,980
Venture Medical - Donation Collection	\$5,455
Village Communities Event	\$280
Worthington Kilbourne Choir Boosters	\$589
Yellow Rose Fund	\$7,178

If you have hosted or are planning an event that will benefit the Spielman Fund at The James, please contact Kim Collins in the Development Office at (614) 293-9341. or [Kim.Collins@osumc.edu](mailto:Kim.Collins@osumc.edu)

# Spielman Funds at Work

The **Stefanie Spielman Patient Assistance Fund** assists breast cancer patients and their families who are struggling to afford the costs associated with treatment. The fund has provided essential equipment and services, including circulation pumps for lymphedema, compression garments, wigs, nutrition supplements, gas cards, Wendy's gift cards and assistance with transportation.

The **Stefanie Spielman Fund for Breast Cancer Research** is devoted to advancing research in breast cancer. Currently, the fund is focused on supporting several areas.

- The Spielman Fund will support the Stefanie Spielman Endowed Professorship in Breast Cancer Research at Ohio State's Comprehensive Cancer Center. The researcher in this position will focus on translating discoveries made in the laboratory into treatments for breast cancer patients.
- The fund is supporting researchers in OSU School of Pharmacy and the Comprehensive Cancer Center who are discovering, developing and testing new drugs for breast cancer in clinical trials.
- The fund will create an award for supporting new ideas and new investigators in breast cancer. Researchers will submit proposals and the funds will be awarded after review by a committee comprised of researchers and a patient advocate.
- The fund supports two efforts that provide an invaluable resource to support breast cancer research – a large collection of breast cancers and the treatments and outcomes of the patients with these breast cancers – the *Spielman Breast Cancer Tissue Archive Services* and the *Spielman Breast Cancer Tumor Bank*. The tissue archive services, under the leadership of Charles Shapiro, MD, director of Breast Cancer Medical Oncology, and Sanford Barsky, MD, director of Pathology at Ohio State's Medical Center and The James, uses breast cancers already collected and stored in the OSU Department of Pathology. The tumor bank collects breast cancers and blood samples from newly diagnosed patients. The tissue archive services and the tumor bank allows for promising gene or protein discoveries in the laboratory to be quickly tested on human breast cancers that come from patients.

## Dear Stefanie,

*Stephanie Are you HER2-neu positive? I have been diagnosed with a recurrence of breast cancer in my spine. I've completely changed my diet, increased my exercise to a daily routine, and try to keep an upbeat attitude. What do you attribute to your success in weathering the cancer battle? I read everything I can get my hands on but there is so much conflicting information available, sometimes it is difficult to determine which data is accurate. I am currently being treated at The James in Dublin and feel I could not be in better hands. Thanks for any support you can provide.*

— Anonymous

Hi! I'm sorry about your recent recurrence. Those words are tough to hear! Yes, I am Her2-neu positive. Being Her2-neu positive used to be so bad. Now, because of new drugs, it is more manageable. Research is so important for all of us! I ask myself that question a lot, why am I still around, when so many of my friends are not? I'm not sure. I try to do the right things... eat right, exercise...but I'm not perfect by any means. My faith has seen me through a lot. God has a plan for all of us.

All the best,  
Stefanie

To read additional questions and answers from Stefanie, or to post a question yourself, visit [www.spielmanfund.com](http://www.spielmanfund.com).

## Beyond Aesthetics Supports the Spielman Fund

To honor Breast Cancer Awareness Month and the powerful women fighting breast cancer, Beyond Aesthetics is offering complimentary radiation tattoo removal for any breast cancer survivor.

For each procedure purchased, a \$10 donation will be made to The Stefanie Spielman Fund for Breast Cancer Research at The James. For more information, contact Beyond Aesthetics at 1070 Polaris Parkway, Suite 120, Columbus, OH 43240 or **(614) 846-4200**.

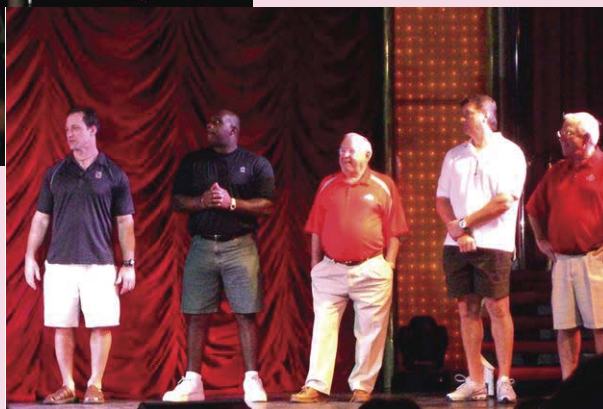
## Vacation with Your Favorite Buckeyes, All for a Great Cause

Travel Partners in Dublin is proud to present the **Second Annual Buckeye Cruise for Cancer**, hosted by Stefanie and Chris Spielman. The four-night cruise on Royal Caribbean's Grandeur of the Seas will leave Tampa, Fla., on Feb. 12, 2009, bound for Key West and Cozumel before returning to port on Feb. 16.

The *Buckeye Cruise for Cancer* will unite thousands of Buckeye fans across the nation on a cruise of a lifetime to support The Stefanie Spielman Fund for Breast Cancer Research at Ohio State's Comprehensive Cancer Center – James Cancer Hospital and Solove Research Institute.

In addition to supporting a great cause, you will have the opportunity to meet former Buckeye greats. Athletes and coaches onboard include: Coach Earle Bruce, Bob Brudzinski, Brutus Buckeye, Bobby Carpenter, Coach John Cooper, Doug Datish, Simon Fraser, Anthony Gonzales, Susan Gottlieb, A.J. Hawk, Kirk Herbstreit, Craig Krenzel, Nick Mangold, Ryan Miller, Mike Nugent, Craigen Pappas, Chris Spielman, Dimitrious Stanley, Mike Vrabel and William White.

Enjoy great national entertainment as well as famed local favorites on board. Participate or just be a spectator at Buckeye Idol, Let's Make a Buckeye Deal and Buckeye Bingo. You won't want to miss the auctions, autographs, excursions and more! For more details, visit [www.buckeyecruise.com](http://www.buckeyecruise.com). Book your cruise now!



## Spectacular Skating to Save Lives

**Skate for Hope** is a beautiful and inspiring annual figure skating event that benefits breast cancer research and awareness. This year's show took place on Saturday, Aug. 30 at the Nationwide Arena, raising more than \$27,500 for the Stefanie Spielman Fund for Breast Cancer Research. Over the past five years, the event has contributed more than \$170,000 to the Spielman Fund.

Olympic and National figure skating champions headline this premier event. In addition, more than 100 figure skaters from the Columbus area raise sponsorship funds for their performances in the program, coming together to celebrate life, the survivors and the hope for a future free from breast cancer. For more information on this event, visit [skateforhope.org](http://skateforhope.org).



# 10TH ANNIVERSARY Stefanie's CHAMPIONS

## Celebrating 10 Years of Champions

Mark your calendar – the 10th anniversary of Stefanie's Champions will be held on Wednesday, April 15, 2009, at the Greater Columbus Convention Center. The luncheon event will honor champions in the lives of cancer survivors. Proceeds from the event benefit the Stefanie Spielman Fund for Breast Cancer Research at The James.

Stefanie Spielman established Stefanie's Champions to recognize one of the most critical factors in surviving cancer: loving, unwavering support. In Stefanie's case, such support during her battle with breast cancer came from her husband, Chris. This is why Stefanie gave him the very first Champions award. It is her hope that every cancer survivor can name someone who stood by them, gave them courage and helped them through.

Each Stefanie's Champions award recipient exemplifies the qualities and values that Stefanie and Chris hold to be important:

- putting families first
- demonstrating acts of kindness and dedication to a cancer patient
- elevating a patient's battle with cancer above all other personal needs



2008 Champions

## Who is your Champion?

Nominations are now being accepted for the 2009 Stefanie's Champions awards. Cancer survivors, or the parent or guardian of a survivor younger than 18, can nominate a champion by visiting [www.spielmanfund.com](http://www.spielmanfund.com) Nominations are due by January 16, 2009.



Congratulations to  
all of our past champions.  
To read their stories of  
hope and inspiration, go to  
[www.jamesline.com/go/stefanie](http://www.jamesline.com/go/stefanie)

Have an occasion to honor or a tribute to make?  
Why not do it this way?



*In Honor of:*

*In Memory of:*

*Acknowledge to:*

*From:*

**Mail donations to:**

**The Stefanie Spielman Fund for Breast Cancer Research**

Medical Center Development  
P.O. Box 183112  
Columbus, OH 43218-3112

**Mammography Services At  
The Ohio State University  
Comprehensive Cancer  
Center – James Cancer  
Hospital and Solove  
Research Institute**

The following is a list of our screening, diagnostic and comprehensive mammography centers. To schedule an appointment at one of these locations, please call (614) 293-0020

JamesCare at Macy's  
2nd Floor Children's Dept.  
Easton Town Center

The Babe Zaharias Center  
James Cancer Hospital  
300 West Tenth Avenue, 1st Floor

JamesCare in Dublin  
Comprehensive Breast Health Services  
4019 W. Dublin-Granville Road

University Hospital East  
1492 E. Broad Street



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For more information on the Stefanie Spielman Fund for Breast Cancer Research please call the James Development Office at 614-293-3744 or visit us online at [www.spielmanfund.com](http://www.spielmanfund.com)