

## Guide Training Sample: Day One

- **9:00-9:20 a.m.** Sign-In & Continental Breakfast
- **9:20-9:30 a.m.** Welcome/Logistics/Day Overview
- **9:30-9:50 a.m.** Introductions (align)
- **9:50-10:10 a.m.** Background of H.O.P.E.
- **10:10-10:40 a.m.** Support/Confidentiality How H.O.P.E. Works
- **10:40- 10:50 a.m.** Break
- **10:50-11:30 a.m.** Communication Skills: Open Questions
- **11:30 a.m.-12:00 p.m.** Reflective Listening
- **12:00-12:30 p.m.** Lunch
- **12:30-1:15 p.m.** Reflective Listening
- **1:15-2:15 p.m.** Building Motivation: Values
- **2:15-2:25 p.m.** Break
- **2:25-3:00 p.m.** Practice/Questions

## Guide Training Sample: Day Two

- **9:00-9:20 a.m.** Sign-In & Continental Breakfast
- **9:20-9:30 a.m.** Welcome Back/Overview
- **9:30-10:30 a.m.** Review/Practice
- **10:30-10:40 a.m.** Break
- **10:40-11:40 a.m.** Building Motivation: Importance and Confidence
- **11:40 a.m.-12:10 p.m.** Summarizing
- **12:10-12:40 p.m.** Lunch
- **12:40-1:10 p.m.** Practice
- **1:10-1:30 p.m.** Program Policies & Procedures
- **1:30-1:40 p.m.** Break
- **1:40-2:30 p.m.** Resources at The James & Guide Tools
- **2:30-2:45 p.m.** Release of Information Form & Evaluation
- **2:45-3:00 p.m.** Closing/Next Steps