Internet Resources

The internet can be used to find information about cancer diagnosed in young adulthood. It is important to use caution when looking up information on the internet. Make sure the information is from a trusted source and is up-to-date.

Information about Cancer

American Cancer Society
www.cancer.org
Expert information is available as well as services for those in need such as rides to treatment, lodging during treatment and a wig voucher program.

LIVESTRONG Patient Navigation Services
www.livestrong.org
Navigation services to address financial, insurance, emotional, physical, fertility preservation and everyday concerns.

National Cancer Institute
www.cancer.gov
U.S. government agency for cancer research provides comprehensive information about cancer and National Cancer Institute supported clinical trials can be found on this website.

- Portal with information and resources specific to AYA cancers
  https://www.cancer.gov/types/aya

National Comprehensive Cancer Network
www.nccn.org
A network of leading cancer centers provide expert information as well as evidenced-based guidelines for treatment of cancer by site.

- Young adult survivor patient guidelines are available:
  https://www.nccn.org/patients/guidelines/aya/index.html
Advocacy Organizations

Critical Mass: The Young Adult Cancer Alliance
www.criticalmass.org
Organization brings together patient, provider, and policymaker to remove barriers young adults face after a cancer diagnosis.

Stupid Cancer
www.stupidcancer.org
Organization engages community members and those impacted by cancer in advocacy, research, and support. Website offers links to local organizations and hosts an annual conference called CancerCon.

Coping and Support

Cancer and Careers
www.cancerandcareers.org
Advice and information and educational resources for individuals working through cancer treatment.

Caring Bridge
www.caringbridge.org
A free personalized website to organize help and keep loved ones updated about treatment during illness.

Dear Jack Foundation
www.dearjackfoundation.org
- The Breathe Now program includes local yoga meetups and couples wellness retreats help rediscover balance in their relationship after cancer.
- The Life List program works with individuals that have received a life threatening cancer diagnosis to give them adventures and positive activities to focus on during treatment.

Imerman Angels
www.imermanangels.org
Nationwide peer matching program

Lacuna Loft
www.lacunaloft.org
Online support programs for young adult cancer survivors and caregivers including journaling and creative expression classes.
Fertility Preservation

**LIVESTRONG Fertility**
[www.livestrong.org/we-can-help/livestrong-fertility](http://www.livestrong.org/we-can-help/livestrong-fertility)
Understand fertility risks and options, and get access to fertility preservation discounts.

**Oncofertility Consortium**
[www.oncofertility.northwestern.edu](http://www.oncofertility.northwestern.edu)
Up-to-date information about fertility preservation treatment, research, and support

Financial Support

**National Collegiate Cancer Foundation**
[www.collegiatecancer.org](http://www.collegiatecancer.org)
Scholarships awarded based on financial need, essays, and overall story of survivorship.

**The SAMFund**
[www.thesamfund.org](http://www.thesamfund.org)
Financial assistance for applicants that meet criteria

**The Ulman Cancer Fund for Young Adults**
[www.ulmanfund.org](http://www.ulmanfund.org)
College scholarships awarded to selected and qualified applicants. This organization also offers remote patient navigation through telephone and email communication for young adults and families from across the country.

Young Adult Cancer Survivor Camps

*Free outdoor experiences focused on peer connection, empowerment and based on adventure activities in natural settings offered in different parts of the U.S.*

**EPIC experience**
[www.epicexperience.org](http://www.epicexperience.org)

**First Descents**
[www.firstdescents.org](http://www.firstdescents.org)

**True North Treks**
[www.truenorthtreks.org](http://www.truenorthtreks.org)

**Wilderness Program at CWC**
[www.cancerwellness.org/young-adult](http://www.cancerwellness.org/young-adult)